

UPMC OPHTHALMIC MICROBIOLOGY LABORATORY

SPECIMEN COLLECTION MANUAL

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PROCEDURE FOR RECEIVING CLINICAL SPECIMENS OPHTHALMIC MICROBIOLOGY LABORATORY

Areas Submitting Specimens:

Clinical specimens received in the ophthalmic microbiology laboratory are submitted from UPMC Presbyterian Shadyside Hospital, Mercy Hospital, Children's Hospital, UPMC Eye Center, UPMC Eye Center satellite offices and community ophthalmologists.

Authorized Requestor (OMSC-001A)

Laboratory tests can only be requested by authorized physicians. The name of the requestor **must** be included on the patient requisition. If there is not an authorized requestor on the requisition, the area submitting the specimen will be contacted and a written or electronic authorization will be obtained.

Specimen / Requisition Requirements (OMSC-001): Each specimen submitted to the laboratory must be properly identified with the **patient's name, identification number (such as DOB) and Date of Collection**. Each specimen must be accompanied by a microbiology requisition. The requisition will contain the patient's name, identification number, location and the date and time the specimen was collected. In addition, the **physician's name, patient diagnosis and the requested tests** are required. The time and date that the specimen was received in the laboratory will be stamped on the requisition by the processing personnel. Requisition forms and patient demographic face sheets will be given to the Ophthalmology Administrators or PUH Registration for registration if necessary.

Unclear/Ambiguous Order Notification (OMSC-002): It is a policy of this laboratory that the requesting physician will be contacted when test orders are ambiguous or non-specific to confirm the testing required.

Patient Label Errors (OMSC-003): If an error is noted on the specimen label, the requesting physician will be notified for clarification of the sample.

Oral Requests (OMSC-004):

If the request for testing is made orally by the physician, the physician is asked to provide the laboratory a written or electronic authorization for the testing within 30 days of the oral request. Any verbal requests for tests on samples forwarded to other UPMC laboratories or reference labs, the Ophthalmic Microbiology lab staff will insist that the requesting physician contact that testing lab directly and so placing the onus on that facility to acquire the written/electronic order.

Please note: *it is a policy of this laboratory that personnel receiving verbal or phone orders must read back the entire order to verify accuracy of the transcription.*

Improper Specimens (OMSC-005):

If there is evidence that the specimen has been improperly collected, if there is insufficient quantity of material, or if there was an excessive delay in delivery, every attempt should be made to have another sample collected. Otherwise, all mishandled, improperly marked and questionable cultures will be processed as usual in hopes of isolating a pathogen. All mishandling and technical errors will be noted on the patient requisition. The physician/area will be notified of the error upon receipt in lab, and proper procedures reviewed if necessary.

Accessioning Specimens (OMSC-006):

All specimens received in the laboratory are requisitioned in the laboratory information system (LIS) Sunquest GUI and are assigned a unique accession number. The specimen and all subcultures set up from that specimen are labeled with the patient's name, date and accession number. If LIS is not working, date of birth replaces accession number, until LIS is back online.

OFF-DUTY EMERGENCY POLICY
OPHTHALMIC MICROBIOLOGY LABORATORY
(POLICY: OMSC-007)

EMERGENCY (DEFINITION):

Any situation when the testing by the Ophthalmic Microbiology Laboratory could over a sight-threatening circumstance. This includes endophthalmitis, corneal ulcers and culture interpretations to avoid ocular complications. Obtaining media and submitting inoculated culture during off-hours is the responsibility of the user. Generally, these arrangements can be made by telephone conversation.

PROCEDURE:

Laboratory has an answering service during off hours. The phone numbers of the Laboratory Supervisor and testing personnel are provided on this service in case of an emergency. The phone numbers are also posted in the ophthalmic microbiology laboratory. Arrangements will be made to assist the ocular emergency immediately.

If no emergency is in effect, but one must enter the Ophthalmic Microbiology Laboratory to obtain culture media or submit a culture, one can obtain admittance by paging the Eye & Ear Institute Security personnel (647-PAGE - Page # 82555 or 78004).

BACTERIAL SPECIMEN PROTOCOL

PROCEDURE: OMSCS-01

INTRODUCTION:

Specimens for bacterial detection are submitted from the UPMC Emergency Room and Operating Rooms, the UPMC Eye Center Ophthalmology practice (7th floor), PUH and Mercy Hospital Operating Room, UPMC Satellite offices, Children's Pediatric Eye service and Operating Room, and community ophthalmologists. The UPMC Ophthalmic Microbiology Laboratory can generally isolate and detect any bacteria that infect the eye. In rare cases, additional media (i.e. for mycobacteria) are submitted to a reference laboratory for processing.

All submissions should be plated directly onto the appropriate solid or liquid media using the standard technique (see procedure section below). Transport media is not advised but will be accepted and noted on the patient requisition. If a tissue specimen is submitted the specimen may be broken down using a single use disposable tissue grinder before culturing.

All bacterial and fungal culture plates must be labeled on the agar side at time of collection. All specimens and/or cultures **must** be accompanied by a Campbell Microbiology Laboratory Requisition with patient demographics and insurance information, physician and location information, specimen source and laboratory testing requested.

All mishandled, improperly marked and questionable cultures will be processed as usual in hopes of isolating a pathogen. All mishandling and technical errors will be noted on the patient requisition. Responsibility of errors will be upon the submitting physician.

PURPOSE: To obtain an adequate specimen for the isolation of bacteria in support of a bacterial diagnosis.

PROCEDURE:

I. Routine Culture of Conjunctiva and Lids

Materials:

- (a) TSA- 5% Sheep Blood agar
- (b) Mannitol Salt agar
- (c) Chocolate (II) agar
- (d) Trypticase Soy Broth (2 ml)
- (e) Sterile Swabs

Procedure:

- (A) Label plates on the agar side with patient's name, identifier, and date of collection. Every culture must be accompanied with a requisition marked with the date and time of specimen collection, source, diagnosis, physician, location and test orders. Fill out Campbell Laboratory's microbiology requisition with all required information.

- (B) Moisten swab with sterile Trypticase broth by dipping swab into tube; wring out any excess broth against the side of the tube while removing swab. The moistened swab lessens trauma to the patient and ensures optimal yield of bacteria.
- (C) Have patient, while facing straight ahead, look up. This facilitates exposure of the lower palpebral conjunctiva. Pull down lower lid to expose the conjunctiva and pass the moistened swab back and forth twice over the greater part of the tarsal conjunctiva, carefully avoiding the eyelid border and eye lashes. Inoculate the blood plate first and then the chocolate and mannitol plates according to the diagram in Figure 1.

Cultures from the upper conjunctiva are not usually necessary except when there is a local area of inflammation.

Care must be taken to avoid contamination of the swab with material other than that obtained as the desired specimen.

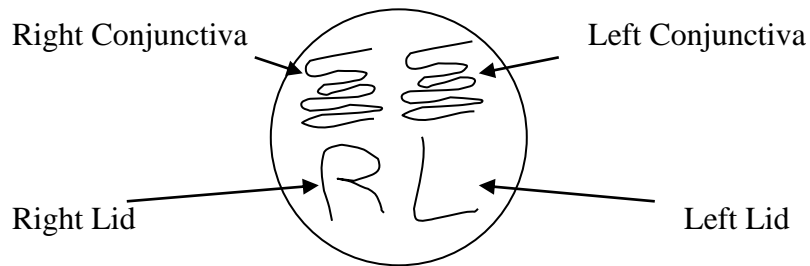


Figure 1. Inoculation of Agar Plates for Conjunctiva and Lid Cultures

NOTE: DO NOT CROSS OVER AREA OF PLATE PREVIOUSLY INOCULATED

- (D) Use a freshly moistened swab and culture the lower and upper lids by passing the swab over the lid margins several times. Inoculate blood, chocolate and mannitol plates according to the diagram in Figure 1. There is no need to culture the upper and lower lids on separate media for a routine culture.
- (E) Routinely culture both eyes by this procedure even if involvement is only in one eye. Be sure to use a separate swab for each eye.
- (F) If the clinical manifestations suggest the involvement of a specific organism, e.g. *Neisseria gonorrhoea*, additional media should be used. The following list may be helpful:
1. *Neisseria gonorrhoea* - chocolate agar
NOTE: Plates must be placed in 5% CO₂ immediately.
 2. *Candida* sp. or other fungi - Sabourauds agar with gentamicin.
 3. Mycobacteria - 7H9 broth (See Mycobacteria Specimen Protocol)

All cultures requiring specific medium not available in the Ophthalmic Microbiology Lab will be processed at the UPMC Presbyterian Microbiology Laboratory.

II. Cornea Culture

NOTE: Bacterial corneal ulcers are serious ocular infections that represent one of the few ocular emergencies and demand immediate attention. It is imperative that an immediate presumptive diagnosis be made so that specific therapy may be instituted, although this may be modified by laboratory results 24 or 48 hours later. The clinical history and appearance of the corneal ulcer can give important hints regarding etiology, although they are not infallible and can often be misleading. Any central corneal ulcer not obviously herpes simplex should have an immediate laboratory work-up, including scrapings and culture.¹ In view of the fact that Pseudomonas cause the most rapidly fulminating and destructive bacterial corneal ulcers, a scraping which reveals gram negative rods, which are not obviously squared-off in shape (*Moraxella diplobacilli*), should be considered *Pseudomonas* and treatment directed towards this organism.

Materials:

- (a) Blood, chocolate and mannitol agars
- (b) Sabouraud agar with gentamicin
- (c) *Acanthamoeba* non-nutrient agar
- (d) Platinum spatula
- (e) Microscope slides

Procedure:

- (A) Routine cultures of conjunctiva and lids are taken as described in section I.
- (B) A topical anesthetic is instilled (e.g. Proparacaine) into the eye.
- (C) Using a flamed, cooled platinum spatula, the ulcer is scraped at both the leading edge and deep in the ulcer base; the material is spread on a dry, clean microscope slide. Try to scrape enough material for 2 slides.
- (D) The ulcer is again scraped with the re-flamed and cooled spatula; this material is streaked on blood, chocolate, mannitol and Sabouraud's agars (inoculate the agar with a "K" or "C" so that it is easily recognized from the conjunctiva and lids culture). Inoculate an *Acanthamoeba* plate when indicated (see *Acanthamoeba* Protocol). The most common pitfall to obtaining positive scrapings include inadequate material (being too gentle).
- (E) Blood and chocolate plates are incubated at 37°C in a CO₂ incubator, the Sabouraud plate is incubated at 30°C, and the mannitol plate is incubated at 37°C in an air (non- CO₂) incubator. The slides can be left on the counter until fixed and stained with giemsa.

III. Contact Lens / Cases/ Solution Cultures

From time to time Contact lens / Cases / Solution cultures may be required to determine the cause of a corneal ulcer. These can be inoculated directly onto media or submitted to the laboratory for culture workup. If submitted out of hours, the contact case and solution specimens may be placed in the laboratory or ER refrigerator with a laboratory requisition form.

IV. Donor Cornea Cultures

During the process of corneal transplantation, the donor cornea rim, may be submitted to the laboratory for sterility culture. The more common bacteria will be cultured for, but more unusual organisms maybe requested at the treating Ophthalmologists discretion.

Materials:

- (a) Blood, chocolate agars
- (b) Thioglycollate broth

REFERENCES:¹Bacterial Corneal Ulcers: Diagnosis and Management, Robert R. Sexton, M.D., Stanford Basic Science Course.

ANAEROBIC SPECIMEN PROTOCOL

PROCEDURE: OMSCS-02

INTRODUCTION:

When the probability of an anaerobic infection is high, special efforts should be made to obtain proper specimens. It is important to protect the specimen as much as possible from contact with air.

Practically all of the anaerobes involved in human infections are also found normally on mucous membranes and on other surfaces of the body as indigenous flora. Therefore, precautions must be taken when obtaining material for anaerobic cultures.

Specimens should be inoculated to both solid and liquid media. Culture in liquid media should never be used as the sole method for isolating anaerobes from clinical specimens. Recovery of anaerobes is generally poorer in liquid media than on agar plates in anaerobic jars, and quantitation is not possible.

Thus, the isolation of pure cultures of anaerobic bacteria from clinical specimens requires the use of solid media incubated in an anaerobic environment in addition to regular incubation of the thioglycollate broth. To ensure an anaerobic environment, an anaerobic indicator is needed. An anaerobic indicator pellet is included in the GasPak EZ Pouch System and should appear white before use. Do not use if indicator is blue in color before use. If an anaerobic environment is achieved in the pouch the pellet will remain white. Blue color indicates an aerobic environment.

Process solid agar as indicated in the following anaerobic pouch system protocol:

ANAEROBIC GASPAK KIT INSTRUCTIONS

Please Read Carefully

- 1) Place culture plate inside the re-sealable pouch.
- 2) Remove the outer foil packaging on the GasPak EZ Anaerobe Pouch System
- 3) Place the activated sachet inside re-sealable pouch with culture plate.
- 4) Close the pouch by pressing the zipper part of the pouch together.

ENDOPHTHALMITIS PROTOCOL

PROCEDURE: OMSCS-03

INTRODUCTION:

All intraocular specimens for infectious agents are obtained by an ophthalmologist. Specimens are drawn from and consist of two types of intraocular fluid: 1) Direct specimen - fluid is drawn directly from either the anterior chamber and vitreous cavity by inserting a needle attached to a syringe, and 2) Diluted vitrectomy specimen in which vitreous humor is diluted with a large amount of balanced salt solution.

PROCEDURE:

A. DIRECT SPECIMENS

Intraocular fluid should be allocated in the following manner for all endophthalmitis cases.

- (1) Place a drop of specimen on at least two separate glass slides for giemsa and gram staining.
- (2) Inoculate a few drops of fluid on the following solid media and spread by either tilting the plate or spreading with a sterile loop:
 - (a) Sheep blood agar with 5% TSA
 - (b) Chocolate Agar
 - (c) Sabauraud Agar
- (3) Routine anaerobic surveillance
 - (d) Inoculate the sterile cotton head on a soft-tipped applicator and break off in tube of enriched thioglycollate broth.
 - (e) Anaerobic bacteria can be quantitated on solid media by plating, as described in step 2, on chocolate agar. Plates are enclosed in anaerobic bags and sealed.
- (4) All media are incubated in the following manner:
 - i) Blood and chocolate agar at 37°C in CO₂ incubator,
 - ii) Anaerobic chocolate agar, enriched thioglycollate at 37°C in Non CO₂ (air incubator),
 - iii) Sabauraud agar at 30°C in small air incubator

B. VITRECTOMY SPECIMENS

All vitrectomy specimens must be sent to the Ophthalmic Microbiology Laboratory for concentration. Approximately 40ml of vitrectomy fluid will be centrifuged for 30 minutes at 3500 rpm and placed on appropriate media/slides for incubation/examination.

C. FOREIGN BODIES

Occasionally there will be a need to culture ocular foreign bodies removed in the OR. Once removed from the eye, the foreign body should be aseptically transferred to the contents of an Endophthalmitis kit. If transfer is not possible to all media, then the media of choice should be the chocolate agar and the thioglycollate broth. Samples should be transported to the Ophthalmic Microbiology Laboratory as soon as possible with the Campbell laboratory requisition form and placed in the appropriate incubator.

VIRAL SPECIMEN PROTOCOL

PROCEDURE: OMSCS-04

INTRODUCTION:

The UPMC Ophthalmic Microbiology Laboratory provides for the rapid molecular identification of viruses that can infect the eye, such as HSV, VZV, ADV, and CMV.

PURPOSE: To obtain an adequate eye specimen for the detection of viral DNA in support of a viral diagnosis.

MATERIALS:

- Specimen collection devices: spatula or jeweler's forceps and flame for cornea specimens, swabs with plastic shaft for conjunctival specimens, or syringe for intraocular specimens
- Bartels Chlamydia Transport Medium (*used for all PCR testing*) is stored refrigerated at:
 - 1) PUH Emergency Room refrigerator
 - 2) Ophthalmology practice - Eye & Ear Institute 7th floor
 - 3) Ophthalmic Microbiology Lab - Eye & Ear Institute Room 643
 - 4) Ophthalmology Satellite offices, pediatric ophthalmology sites

SPECIMEN COLLECTION:

I. Cornea and Conjunctival specimens:

Obtain specimen by swiping the area to be cultured with a swab as long as needed to obtain an adequate culture. Use your own common sense to obtain the cornea culture. You may want to use a spatula or jeweler's forceps and place the specimen obtained onto the end of a swab or use just the swab to obtain a corneal specimen.

Place the swab into the Chlamydia Transport Media tube.

Refrigerate.

II. Intraocular Specimens:

Intraocular fluid can be submitted directly to the laboratory in a capped syringe or sterile screw-capped microtube.

Do Not put intraocular fluid into Chlamydia Transport Media as this dilutes the specimen.

Keep refrigerated.

CHLAMYDIA SPECIMEN PROTOCOL

PROCEDURE: OMSCS-05

INTRODUCTION:

The UPMC Ophthalmic Microbiology laboratory provides the ophthalmic community with two tests to detect the presence of chlamydial infection:

- 1) NAAT testing for Chlamydia rRNA (run at UPMC Microbiology). NAAT is the best test for detecting Chlamydia in cases of acute and chronic conjunctivitis.
- 2) Giemsa (direct cytological examination). The giemsa stain may or may not be definitive.

PURPOSE: To obtain an adequate specimen for the detection of Chlamydia in support of a diagnosis of inclusion conjunctivitis.

MATERIALS:

- Bartels Chlamydia Transport medium is stored refrigerated at:
 - 1) PUH Emergency Room refrigerator
 - 2) Ophthalmology practice - Eye & Ear Institute 7th floor
 - 3) Ophthalmic Microbiology Lab - Eye & Ear Institute Room 643
 - 4) Ophthalmology Satellite offices, pediatric ophthalmology sites
- Specimen collection device: Swab with plastic shaft
- Glass slides and spatula

PROCEDURE:

NAAT testing: Swab conjunctival areas 5-10 seconds. Place swab in tube of Chlamydia Transport Medium. Refrigerate.

Giemsa Staining: Conjunctival tissue is retrieved using standard technique and placed on two glass slides (see cytology scrapings protocol).

CYTOLOGY SCRAPINGS PROTOCOL

PROCEDURE: OMSCS-06

INTRODUCTION:

The examination of smears from ocular specimens is an excellent diagnostic tool for the Ophthalmic Microbiology laboratory. Smears are obtained from the conjunctiva, cornea, inside the eye and drainage systems. The smears are stained with giemsa or gram stains. The giemsa stain can detect bacteria, fungi, and acanthamoeba. It can indicate an inflammatory response, viral disease, and allergy. The gram stain was originated to detect gram positive and gram-negative bacteria. Gram stain can also detect fungi and acanthamoeba.

Smears are obtained by ophthalmologists in the UPMC Emergency Room and Operating Rooms, the Eye and Ear Institute Ophthalmology private practice (7th floor), Satellite offices, Children's Pediatric Eye service, and community ophthalmologists. All corneal specimens and intraocular specimens are obtained by an ophthalmologist.

The type of cellular response reflects to some degree the type of inflammatory process in the eye (allergic, bacterial, viral, etc.) and often reveals the presence of infection. Cytological examinations of smears from exudates and scrapings obtained from the conjunctiva, corneas, or eyelids may contribute to differential diagnosis in various ocular infections.

The exudate smear is easy to do and requires only the removal of the exudate present on the lid margins or within the conjunctival sac and smearing it onto a microscope slide. Unfortunately, exudate smears are of limited value because only cells that have been sloughed off from the conjunctiva will be seen. They are, however, good for demonstrating the presence of eosinophils.





Scrapings of the conjunctiva may be more difficult to do but this method is recommended for obtaining cells for cytological examination.

- MATERIALS:**
- (a) Alcohol lamp and matches or Bunsen burner
 - (b) Platinum spatula
 - (c) Microscope slides (2)
 - (d) Topical anesthetic (Proparacaine)

PROCEDURE:

- (A) If bacterial involvement is suspected take routine cultures according to the described procedure in the Bacterial Specimen Protocol.
- (B) Place two drops of Proparacaine into the eye(s).
- (C) While waiting for the anesthetic to take effect, flame the spatula. Allow ample time for the spatula to cool.

- (D) If involvement is on the superior tarsus, invert the lid and scrape across the tarsal plate with the sterile spatula. Apply enough pressure to blanch the conjunctiva. Spread material on microscope slide keeping approximately within a 10 mm circular diameter. It is very important to obtain sufficient material otherwise a complete cellular evaluation cannot be done.
- (E) If involvement is on the inferior conjunctival proceed as described above. If both eyes are involved, scrape both and label the source of each sample on the slide. If inferior and superior conjunctivas are scraped from both eyes, all the samples can be placed conveniently on one side. The following order is suggested.

NAME	SPECIMEN
	1 
	2 
	3 
	4 

1-OD superior; 2-OD inferior; 3-OS superior; 4-OS inferior

If this procedure is used there is no need to identify each sample. Any deviations from this sequence must be indicated on the slide itself and the accompanying requisition.

REFERENCES:

The Cornea - Scientific Foundations and Clinical Practice - Gilbert Smolins, M.D. and Richard A. Thoft, M.D. - 2005.

Infectious Diseases of the Conjunctiva and Cornea - Symposium of the New Orleans Academy of Ophthalmology - 1963.

Microbiology of the Eye - Cytology of Exudates and Scrapings for Normal and Inflamed Eyes - 1972.

ACANTHAMOEBA SPECIMEN PROTOCOL

PROCEDURE: OMSCS-07

INTRODUCTION:

Acanthamoeba keratitis is a serious and sometimes devastating ocular problem. The earlier in the disease process that the patient is diagnosed the better chance they have of responding to treatment. The ability to culture for Acanthamoeba isolation is a service provided by the UPMC Ophthalmic Microbiology laboratory.

Acanthamoeba testing is a battery test that includes 1) Culture and 2) PCR. PCR testing for Acanthamoebae is performed by UPMC Virology once a week, usually on Thursday.

We also examine direct cornea smears for the presence of Acanthamoeba trophozoites and cysts with the Giemsa stain.

SPECIMEN:

Specimens for Acanthamoeba cultures include corneal scrapings or biopsies, patient's contact lenses and possibly contact solutions.

MATERIALS:

- Non-nutrient agar plates (A clear agar with no printed text label or expiration date)
- Microscope slides
- Bartels ChlamTrans™ chlamydial transport medium, PBS, or distilled water (for PCR)

PROCEDURE:

1. Non-nutrient agar plates should be warmed to room temperature prior to inoculation. (Place patient label on the **lid** not the agar side)
2. Inoculation of specimen:
 - a) Corneal scrapings are inoculated directly onto the non-nutrient agar plate. Place patient labels on the **lid** of the culture plate. Place corneal material also on a slide for direct microscopic examination for Acanthamoeba cysts and trophozoites using the Giemsa stain.
 - b) PCR Testing: Corneal specimens are placed in non-preserved media such as Bartels ChlamTrans™ chlamydial transport medium, PBS, or distilled water.
 - c) To culture a contact lens case, thoroughly rub a swab inside the chambers of the case and then inoculate the agar plate. Contact solutions, saline, and water samples are cultured by placing one drop of each sample on an agar plate.

NOTE: Specimens in addition to cornea should be inoculated onto a SEPARATE agar plate. Due to the swarming nature of the acanthamoeba growth it would be difficult to determine from which source the acanthamoeba originated.

MYCOLOGY SPECIMEN PROTOCOL

PROCEDURE: OMSCS-08

The UPMC Ophthalmic Microbiology Laboratory will provide Sabouraud Dextrose agar media plates (with gentamicin to suppress the growth of contaminants) for the isolation of fungal isolates from ocular specimens. Sab agar plates are included in the Keratitis/Conjunctivitis Culture Packs and the Endophthalmitis Culture Media boxes. Sab plates are a clear or pale-yellow agar labelled "SAB DEX EMMONS w/ GENT" with a lot and expiration date printed.

To obtain cultures, follow the procedure in the Bacterial or Endophthalmitis Specimen Protocols as appropriate. Label culture plates with patient name, identifier and date of collection.

Clinical smear specimens (corneal tissue, intraocular specimens, etc.) are examined for the presence of fungal elements using gram and giemsa stains.

On receipt of the Sabouraud plate, the culture plate will be wrapped with parafilm (or shrink seal if available) to prevent culture contamination and to protect lab staff from potential fungal pathogens.

All fungal cultures will be grossly examined for the presence of mold (aerial hyphae) and yeast (colonies without aerial hyphae) for 21 days. If no growth at 5 days, cultures are resultated 'No Fungus Isolated, pending'. Cultures are examined daily and final at 21 days if no growth.

All cultures that grow mold or yeast will be appropriately packaged and delivered to the UPMC PUH Mycology laboratory for definitive identification.

MYCOBACTERIA SPECIMEN PROTOCOL

PROCEDURE: OMSCS-09

INTRODUCTION:

The isolation of mycobacteria from ocular infections is a special request that requires planning between the ophthalmologist and the ocular microbiology laboratory. To optimize the isolation of mycobacterium, vigorous sampling or pieces of ocular tissue must be obtained and suspended into Middlebrook 7H9 broth. Planting specimens on Lowenstein-Jensen medium is no longer necessary.

Specimens will be delivered to the mycobacteria laboratory at UPMC Presbyterian Hospital CLB Microbiology for culture and identification. Routine bacterial cultures may also isolate certain fast-growing mycobacteria species. These isolates will be sent to CLB Microbiology for identification.

PURPOSE: To isolate Mycobacteria from ocular specimens.

MATERIALS: Middlebrook 7H9 Broth (obtained from CLB Microbiology in advance)
Sterile spatula or jeweler's forceps

PROCEDURE:

- A) In suspected cases of Mycobacteria ocular infection, Middlebrook Broth is the culture medium of choice. The media must be obtained in advance from UPMC Microbiology.
- B) The culture is obtained in a similar fashion as for routine cultures. The infected ocular area is scraped with either a sterile platinum spatula or jeweler's forceps. A soft-tipped applicator may also be used to scrape the affected region. Biopsy specimens may also be obtained. The scraping or biopsy is carefully transferred to the Middlebrook Broth and vigorously vortexed.
It may also be advantageous to obtain tissue smears on microscope slides for the stain observance (Gram, giemsa, special stains) of bacteria that may be consistent with the mycobacterial appearance.
- C) The Middlebrook broth is delivered to the UPMC Microbiology Laboratory where it is monitored for mycobacteria detection for 6 weeks.

TURN AROUND TIMES

(OMSC-008)

- 1) Aerobic bacterial: Observed for growth for five days. Final at 5 days.
- 2) Anaerobic and fungal cultures: Observed every day for 21 days. Preliminary report at 5 days, final at 21 days.
- 3) Ocular smears: Processed on day of receipt if time permits, or the following day. Final on the day performed.
- 4) Chlamydia NAAT: Delivered to UPMC Microbiology on day of receipt in Ophthalmic lab. Final by UPMC Microbiology.
- 5) Viral PCR testing: Delivered to UPMC Virology on day of receipt in Ophthalmic Lab. Most testing performed daily M-F. Final by UPMC Virology.
- 6) Acanthamoebae cultures: Observed microscopically for growth for seven days. Final when positive or 7 days if negative.
- 7) Acanthamoebae PCR: Delivered to UPMC Virology on day of receipt in Ophthalmic Lab. Performed by UPMC Virology once a week, usually on Thursdays. Final by UPMC Virology.

NOTIFICATION OF DELAYS

(OMSC-009)

Please note: If there is a delay in testing that can affect patient care and treatment, the physician will be notified by the laboratory. Documentation of notification will be on the patient requisition.

TEST REPORTING

REPORT LOCATIONS:

On the fifth day of culture (seventh day if Acanthamoebae culture), the final result is recorded in the laboratory information system (LIS) and on the paper laboratory requisition. The paper report is kept in the laboratory's "Patient Reports" files. If the physician is a doctor outside of the UPMC hospital system who does not have access to view laboratory results electronically, a copy of the report is faxed to their office.

NOTIFICATION RESPONSIBILITIES (OMSC-010):

Prior to the fifth (or seventh) day, all physicians are responsible for contacting the laboratory for their results in non-sight threatening cases. Cases which are considered non-sight threatening are; (1) referring diagnosis of conjunctivitis, blepharitis and other minor conditions, and (2) no request for immediate notification by referring doctor.

The laboratory is responsible for notifying the appropriate physician of results from *sight-threatening cases* such as referring diagnosis of corneal ulcers, endophthalmitis and infections with pathogenic bacteria. Physicians are also notified if they request immediate notification of results.

Please note: *it is a policy of this laboratory that all verbal or telephone results issued or received must be verified using the "Read-back" method by having the physician or physician's representative repeat back results.*

Documentation of notification is noted on the laboratory requisition. If the physician is notified by email, the email is sent in a secure fashion (secure email function) and a copy of the email response is filed with the lab requisition.

In the event of a **LIS breakdown**, lab personnel have access to written results on the patient's paper laboratory report and can communicate those results to the appropriate physician/area by phone or email when necessary. All correspondence is documented on the patient requisition.

REPORTING ERRORS/REVISED REPORTS (OMSC-011):

It is the policy of this laboratory that in the event that a patient result was recorded erroneously, a revised electronic and paper report would be generated accordingly. The amended report would clearly indicate that the previous result was changed, and the amended report would show both the revised and incorrect result. If multiple errors were recorded, then each error would be revised sequentially.

It is also a policy of this laboratory that the requesting physician be notified immediately of the revised patient report. This communication must be documented on the new copy of the of the patient's laboratory report.

OPHTHALMIC MICROBIOLOGY LIST OF TESTING

(OMSC-012)

It is the policy of Ophthalmic Microbiology to make available to all interested physicians a current list of testing available through our laboratory. In addition, a copy of our Specimen Collection Manual is made available to the requesting physician. The Manual includes specifications in each area of testing of what we can detect, and how and when we will report results. Also included, is a current list of antibiotics tested against bacterial isolates for the diagnoses endophthalmitis, keratitis, and conjunctivitis/blepharitis.

TEST LIST:

- Bacterial cultures - aerobic and anaerobic:
Includes susceptibility testing on appropriate pathogens. If systemic susceptibilities are requested by the physician, an isolate will be sent to UPMC Microbiology for testing.
- Fungal cultures
- Mycobacterial cultures (media obtained from UPMC Microbiology in advance, culture sent to UPMC Microbiology)
- Cytology - Gram and Giemsa staining
- Chlamydia NAAT (testing done by UPMC Microbiology)
- Acanthamoebae: cultures, cytology and PCR (PCR done by UPMC Virology)
- PCR testing for ADV, HSV-1 and HSV-2, VZV, CMV, EBV (done by UPMC Virology)
- PCR testing for Toxoplasma gondii (specimen sent out by Referral Testing department)

UNUSUAL REQUESTS:

Please contact the lab for recommendations

OPHTHALMIC ANTIBIOTIC SUSCEPTIBILITY PANELS

Endophthalmitis:

Gram-Positives: vancomycin, cefoxitin (S. aureus only)

Gram-Negatives: amikacin, ceftazidime

Keratitis:

Gram-Positives: vancomycin, moxifloxacin, gentamicin, cefazolin, cefoxitin (S. aureus only)

Gram-Negatives: tobramycin, ciprofloxacin, polymyxin B, ceftazidime

Conjunctivitis:

Gram-Positives: moxifloxacin, cefoxitin (S. aureus only)

Gram-Negatives: tobramycin, ciprofloxacin, polymyxin B, moxifloxacin

Cumulative antibiotic susceptibility results for all panels are available through the Charles T Campbell website at <https://eyemicrobiology.upmc.com/>

SPECIMEN HANDLING / TRANSPORT

(OMSC-013)

Specimens must always be handled and transported in a manner that ensures the safety of staff, patients, and visitors. Care must be taken to ensure that the integrity of each specimen has not been compromised.

All specimens to be transported should be tightly capped in leak-proof containers when applicable, be sealed in plastic bags, and carried in an appropriately labeled biohazard transport bag. Biohazard labels must be affixed on the outside of the plastic bags that contain the specimens if leaving the facility.

If specimens are to be transported in syringes (ex. endophthalmitis tap) it is preferred that protection be provided against accidental injection of the specimen by removing the needle and replacing it with a tightly fitted cap. However, syringes with needles will be accepted when there are concerns for extremely small sample size and anaerobic organisms.

All transport personnel must wear disposable exam gloves to pick up all human specimens. Gloves must be discarded after each use.

Never carry specimens into any eating area.

Sending Specimens for Laboratory Testing to the UPMC Charles T. Campbell Ophthalmic Microbiology Laboratory

(PROCEDURE: OMSCS-10)

The following **must** be submitted: (Please call with any questions 412-647-7211)

1. A **completed** laboratory requisition. Download the requisition from our web site at: <https://eyemicrobiology.upmc.com/PDFs/LabRequisition0089-0120.pdf>. **Make sure to include the doctor's office phone and fax numbers.**
2. **Patient demographics and insurance information must accompany all specimen submissions.**
3. **Make sure the patient's insurance is accepted by UPMC. You may need to obtain Insurance Authorization prior to laboratory testing submission.** For testing CPT codes, go to: <https://eyemicrobiology.upmc.com/PDFs/WebCPTCodesList.pdf>.
4. Specimen requirements:
 - a. Label **each** specimen with the patient name and second identifier (ex. date of birth).
 - b. Bacterial/Fungal/Gram stain/Giemsa Stain specimens can be sent at **room temp.**
 - c. Viral/Chlamydia/PCR samples should be sent **on ice.**
 - d. Acanthamoebae culture/PCR specimens should be sent **on ice.**
5. Packaging Specimens:

Diagnostic specimens can be easily delivered through couriers and public mail with a few simple requirements as mandated by federal law. These samples must be double sealed to prevent any leakage of sample. A proper amount of desiccant to absorb any leakage due to damage should also be packed within the double-sealed specimen. The sample should be marked to indicate that the package is a diagnostic specimen. For example, a corneal specimen collected on a soft-tipped applicator and placed in a plastic tube (transport sleeve, culturette (Becton Dickinson, Sparks, MD), wrapped in a paper towel, enclosed in a sealable vinyl zip-locked bag, placed in a bubble mailer addressed to the laboratory, and marked as "Diagnostic Specimen (Not Restricted) – Packed in Compliance with IATA Packing Instructions 650," would be a properly sent diagnostic sample.
6. Send specimen package by courier/mail to:

UPMC Charles T. Campbell Ophthalmic Microbiology Laboratory
Eye & Ear Institute Room 643
203 Lothrop St., Pittsburgh, Pa 15213
412-647-7211

7. Hours for receiving specimens: We accept specimens MONDAY-FRIDAY from 8:00am to 3:30pm. If the delivery is not going to make it **by 3:30 pm MONDAY-FRIDAY**, hold the specimen for delivery the following weekday, OR if necessary, send the specimen to the UPMC Presbyterian Hospital Emergency Room using the following protocol:

DIRECTIONS FOR OPHTHALMIC CULTURES TO BE DELIVERED

To UPMC Presbyterian Hospital E.R. AFTER 3:30 PM, Mon-Fri & Weekends:

1. Inform the on-call Ophthalmology Resident by pager (412-647-PAGE; pager #7359) that a specimen for Ophthalmic Microbiology will be delivered to UPMC Presbyterian Emergency Room.
2. Send specimen by courier to: UPMC Presbyterian Hospital Emergency Room, 200 Lothrop St, Pittsburgh, Pa 15213.
3. The courier needs to have the ER personnel page the on-call ophthalmology resident (412-647-PAGE; pager #7359) to pick up the specimen.
4. The on-call resident will place the specimens in ER refrigerator or incubator for laboratory personnel to pick up the following day.